








GP Carer Checklist

Carers
Information
Service

If you think a patient may be a carer:

-  Ask the patient if they look after a friend, relative, partner or neighbour who needs their support
-  Place the carer on the Carers' Register
-  Give the carer a leaflet about the Carers' Information Service and Carers Support Centre. If the carer is unable to get to the centre, they can call **020 8649 9339, option 1** or
-  If the carer is unable to get to the centre or needs urgent support, make an electronic referral to the Carers' Information Service with the carer's consent (**020 8649 9339, option 1** or **enquiries@carersinfo.org.uk**)

Supporting long-term health:

-  Tell the carer about the annual flu jab and NHS Health Check (if eligible)
-  Offer the carer flexible appointments if they need them. In specific circumstances a home visit may be appropriate
-  Work with the patient's carer when managing patient care, sharing appropriate information with the patient's consent